



# Hillcrest Therapy Center

## Client Information Form

Please read and complete all information requested.

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip: \_\_\_\_\_

Social Security Number: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

If client is a minor: Parent/Guardian \_\_\_\_\_ Phone: \_\_\_\_\_

Preferred way to contact you: Home \_\_\_ Work \_\_\_ Cell \_\_\_ E-mail \_\_\_

Preferred phone number for receiving session reminder calls (check one):

Home \_\_\_ Work \_\_\_ Cell \_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_ Gender identity \_\_\_\_\_

Single \_\_\_ Married \_\_\_ Divorced \_\_\_ Separated \_\_\_ Widowed \_\_\_ In a relationship \_\_\_

Ethnicity (please circle): African-American Caucasian Hispanic

Multi-racial Asian Other (please indicate): \_\_\_\_\_

Who referred you? \_\_\_\_\_

Religious Affiliation (if any): \_\_\_\_\_

Occupation and Employer: \_\_\_\_\_

Student: Full-time \_\_\_ Part-time \_\_\_



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Please state briefly your reason for seeking counseling: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Other information your therapist might find helpful: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Self-Description Checklist (Please check all that apply):**

- |                                      |   |  |   |
|--------------------------------------|---|--|---|
| <input type="checkbox"/> angry       | <input type="checkbox"/> hopeless         | <input type="checkbox"/> fatigued        | <input type="checkbox"/> confused       |
| <input type="checkbox"/> energetic   | <input type="checkbox"/> suicidal         | <input type="checkbox"/> resentful       | <input type="checkbox"/> irritated      |
| <input type="checkbox"/> ambitious   | <input type="checkbox"/> dangerous        | <input type="checkbox"/> unhappy         | <input type="checkbox"/> depressed      |
| <input type="checkbox"/> happy       | <input type="checkbox"/> lonely           | <input type="checkbox"/> violent         | <input type="checkbox"/> sleep problems |
| <input type="checkbox"/> inadequate  | <input type="checkbox"/> marital conflict | <input type="checkbox"/> parent conflict | <input type="checkbox"/> work stress    |
| <input type="checkbox"/> anxious     | <input type="checkbox"/> isolated         | <input type="checkbox"/> fearful         | <input type="checkbox"/> bereaved       |
| <input type="checkbox"/> guilty      | <input type="checkbox"/> ashamed          | <input type="checkbox"/> cheerful        | <input type="checkbox"/> optimistic     |
| <input type="checkbox"/> distrustful | <input type="checkbox"/> apathetic        | <input type="checkbox"/> hurt            | <input type="checkbox"/> numb           |
| <input type="checkbox"/> abused      | <input type="checkbox"/> loss of appetite | <input type="checkbox"/> worried         | <input type="checkbox"/> panic          |
| <input type="checkbox"/> hopeful     | <input type="checkbox"/> jealous          | <input type="checkbox"/> indifferent     | <input type="checkbox"/> poor sex drive |



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faith issues       overeating       drug use/abuse       alcohol abuse  
 fretful       unwelcome thoughts

Are you currently taking any medications, prescription or over the counter?  Yes  No

If yes, specify type, dose and reason for taking: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

If prescription, who prescribed them? \_\_\_\_\_

\_\_\_\_\_

Please fill in the following information for any 3<sup>rd</sup> party that will be responsible for client payments (This section is required for clients who are minors)

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State and Zip: \_\_\_\_\_

Emergency Contact & Phone: \_\_\_\_\_

Medical Concerns: \_\_\_\_\_